



Ergonomic Assist Systems & Equipment

Design the job to fit the worker - increasing productivity and worker health through engineering.

Ergonomics is more than a buzzword today - it is a movement. Nationally, our demographics confirm we are aging and in deteriorating physical shape. This impacts the workplace, and good employers must think of their businesses in terms of ergonomics. EASE is the group within MHI focused solely on making work easier for people by improving the work environment.

**INDUSTRIES SERVED:**  
Virtually all - where there is a physical interface between a task and a worker.

**Annual Cost of Injuries**

**\$94.8 BILLION**  
Employer Costs of Workers Compensation

Insurance Journal, 2017

**57**  
Average Missed Work Days Per Injury

Travelers, 2016

**380,600 CASES**  
Ergonomic Injuries with Missed Work Days

MSDS Online, 2015

**Features and Benefits**

**FEATURES**

SCISSOR LIFT  
TILTERS  
WORK POSITIONERS  
PALLETS  
CASTERS  
INTELLIGENT ASSIST  
PALLETTIZERS  
WHEELS  
VACUUM ASSIST

WORKSTATION CRANES  
TIPPERS  
PALLETT ROTATOR  
LIFT TABLES  
MANIPULATORS  
BALANCERS

**BENEFITS**

COMFORT  
ERROR-PROOF  
ERGONOMIC  
SAFETY  
PROTECTION  
SUSTAINABILITY

PRODUCTIVITY  
HEALTH  
QUALITY

RISK REDUCTION  
EFFICIENCY  
STABILITY

**Ergonomic Issues**

|           |          |           |           |           |
|-----------|----------|-----------|-----------|-----------|
| <br>Push  | <br>Pull | <br>Carry | <br>Twist | <br>Lift  |
| <br>Lower | <br>Bend | <br>Hold  | <br>Stack | <br>Squat |

**Interesting Fact:**  
Material Handling represents 32% of all workers' compensation claims.  
Travelers Companies Injury Impact Report 2016

**Interesting Fact:**  
Did you know that EASE offers a Ergo / Lean Training program for \$75?  
[www.mhi.org/ease/sales-training](http://www.mhi.org/ease/sales-training)

**EASE**  
Ergonomic Assist Systems & Equipment

EASE members promote the practice of good ergonomics in the workplace by providing solutions across a broad spectrum of applications and industries. Activities include presentations at various industry events and development of non-commercial training materials. EASE also engages and collaborates with NIOSH and the academic community to enrich the group and enhance presentations and training materials.

**EASE MEMBERS...**  
Are committed to safety, innovation and providing the right solution to ensure peak performance.

Learn about our 18 member companies, [www.mhi.org/ease/members](http://www.mhi.org/ease/members).

Join EASE, [www.mhi.org/EASE](http://www.mhi.org/EASE).

**COMBINED EXPERIENCE**

**1,000s**

Access to the combined knowledge / experience from many of installed devices, equipment and systems.

**EASE ERGONOMIC GUIDELINES**

This booklet will help all companies, particularly small to mid-sized companies, recognize high-risk manual material handling work tasks and choose effective options for reducing their physical demands.

[www.mhi.org/downloads/free/EGMMH.pdf](http://www.mhi.org/downloads/free/EGMMH.pdf)

**RESOURCES**

**100s**

Hundreds of resources for education and help. Access online website, [www.MHI.org](http://www.MHI.org), have direct contact\* with other members and network at MHI events\*\*.

\* Meetings are conducted in a safe harbor environment.

\*\*MHI events include MODEX, ProMat and Spring/Annual meetings and conferences.